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Opening hours are varied but most shops are open 9am-5.30pm, with large Supermarket chains open until 9pm weekdays, Saturdays 9am-12am with the major centres open until 5pm and on Sundays some bigger shopping centres are open 10am-4pm. Many of the bigger centres have Thursday night shopping until 9pm.

Internet:

www.fraserisland.net www.frasercoastholidays.info www.queenslandholidays.com.au

Newspapers:

Maryborough Herald Fraser Coast Chronicle

Emergency numbers:

000 for any emergency Poisons information: 13 11 26

Lifeline: 13 11 14

Tourist information:

Visitor Information Centre

Address: Cnr Maryborough-Hervey Bay Rd &

Urraween Rd Hervey Bay

Opening hours: daily 9am-5pm Tel: (07) 4125 9855 / 1800 811 728

www.visitherveybay.info

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Contents: The City, Do & See, Eating, Cafés, Bars & Nightlife, Shopping, Sleeping, Essential Information, Maps

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FRASER COAST

Famous for its paradise-like Fraser Island and the area's visiting whales, the Fraser Coast also offers plenty of other amazing places and adventures to explore. Prospect the former gold mining town of Gympie and check out the beautiful nature surrounding the Fraser Coast - both on land and in the water. The region's sun swept weather only adds on to the experience for a great stay on the Fraser Coast.



THE CITY



The Fraser coast region stretches from Gympie in the south to Bundaberg in the north; and from the beautiful Fraser Island just off the coast to the east to Mount Walsh National Park in the west.

The whole area is a playground for any visiting animal lover wishing to encounter the migrating whales at sea, the egg-laying and hatching of loggerhead turtles on lovely Mon Repos Beach and other abundant marine life.

Or why not travel back in time to visit the charming old Victorian town of Maryborough and the gold mining museum in Gympie that re-presents the time of its golden era, which had gold diggers flocking to the town and saved Queensland from bankruptcy.

The region also offers plenty of activities to get your adrenalin going with hang gliding from the Carlo Sand Blow, racing on the Hervey Bay Go-kart Track or jet skiing along the coast.

There are also plenty of opportunities for picturesque walks or drives along the white sandy beaches and in the pristine national parks.

Furthermore, the warm and mild climate means that the Fraser Coast is perfect to explore all year around. Enjoy!

DO & SEE



Whale Watching

Watch some of the world's biggest and most fascinating animals. Most trips go from Hervey Bay - best from July to November when the whales migrate further north.

Address: Urangan Boat Habour, Hervey Bay Internet: www.whalesherveybay.com.au

Fraser Island

The World Heritage listed Fraser Island seems - as its suitable Aboriginal name K'gari means - like a Paradise. The world's biggest sand island is a haven for wildlife. Make sure you take a dip in Lake McKenzie and Lake Wabby.

Internet: www.frasercoastholidays.info

Water Sports

The coastal towns along the Fraser Coast offer plenty of water and air activities like diving, jet skiing, hang gliding, deep sea fishing, paragliding... you name it!

Turtle Watching

Mon Repos Beach near Bundaberg is a large turtle rookery. Watch nesting turtles from November to February while turtle hatchlings are from January to March.

Address: 141 Mon Repos Rd, Mon Repos

Phone: (07) 4159 1652 Internet: www.epa.qld.gov.au

Gympie Gold Mining and Historical Museum

Discover the region's past through its





goldmining era and history.

Address: 215 Brisbane Rd, Gympie

Phone: (07) 5482 3995

Internet: www.goldmuseum.spiderweb.com.au

Maryborough

Maryborough – established in 1847 - is one of Queensland's oldest and most charming towns is known for its beautiful colonial architecture. Thursdays are market days.

Internet: www.maryborough.qld.gov.au

Fun Parks

See Australian wildlife in natural settings at the Hervey Bay Nature World on Maryborough Rd, Pialba; or admire the sea-life in the living natural reef aquarium at Neptune's Reef World on Pulgul St, Dayman Park, Urangan.

Dolphin Feeding

In Tin Can Bay you can feed dolphins between 7.00am-11.00am - It's a truly unique experience!

Address: At Norman Point next to the boat ramp, Tin Can Bay Marina

Southern Reef Islands

These coral reefs and cays are easily accessible from the mainland and they each offer a different island experience. The diving is amazing and there are plenty of bird and turtle sanctuaries to admire.

Internet: www.ladyelliot.com.au

EATING



The splendid climate is perfect for alfresco

dining and Hervey Bay's Esplanade and marina offer plenty of great dining experiences with views to the sea as do the towns all along the Fraser Coast. Maryborough also has some fine dining with plenty of good restaurants overlooking the Burnett River. You can find a wide range of international cuisines but seafood is, of course, the speciality here including the famous Hervey Bay scallops.

Kingston House Impressions

This modern restaurant in traditional surroundings is run by a couple with a passion for food – which by the way is delicious here. They serve light lunches and a la carte dinners.

Address: 11 Channon St, Gympie Phone: (07) 5483 6733 Internet: www.kingstonhouse.net

Sails Restaurant

The Asian/Mediterranean cuisine cooked here is definitely worth a try. The Shanghai Noodles meal is delightful.

Address: Cnr The Esplanade & Fraser St Phone: (07) 4125 5170

Spinnaker Restaurant & Bar

Seafood is the speciality at this great restaurant with views of the Burnett River in central Bundaberg.

Address: 1a Quay St, Bundaberg Phone: (07) 4152 0833

Beach House Hotel

The Beach House Hotel is justifiably popular for lunch and dinners and is – as the name suggests – located right on the beach.

Address: 344 The Esplanade Phone: (07) 4128 1233

The Black Dog Café

This small, smart and lively restaurant, serving mainly Japanese food, is the place to be.





Address: 381 The Esplanade Phone: (07) 4124 3177

Red Roo Hotel

The beautifully restored Red Roo Hotel has scrumptious and satisfying pub lunches and dinners.

Address: 100 Adelaide St, Maryborough

Phone: (07) 4121 3586

Thai Diamond

This little Thai serves mouth-watering, filling and easy-on-the-pocket food.

Address: 353 The Esplanade, Hervey Bay

Phone: (07) 4124 4855

O'Riley's Pancake, Pizza & Pasta Parlour

There's all-you-can-eat pizzas and pancakes on Tuesday nights. The dessert pancakes are an absolute must!

Address: 446 The Esplanade, Hervey Bay

Phone: (07) 4125 3100

Archie's Place

This small take-away makes the best wraps and fruit smoothies on the Fraser Coast.

Address: 12 Rainbow Beach Rd, Rainbow Beach

Phone: (07) 5486 3277

CAFÉS



Jay D's Coffee Connections

Besides coffee, this café also has a great range of sandwiches and other light meals.

Address: 2 Gympie Rd, Tin Can Bay

Phone: (07) 5486 2233

Enzo's on the Beach

Why not finish up a stroll on the beach at Hervey Bay with a cup of coffee at Enzo's with the cosy atmosphere.

Address: Scarness Park, The Esplanade

Phone: (07) 4124 6375

Muddy Waters Café

Not to miss. The Muddy Waters Café has great food and a lovely riverside atmosphere.

Address: 71 Wharf St, Maryborough

Phone: (07) 4121 5011

Le Café de la Baie

This café in Scarness serves delicious coffee at a good value price.

Address: 325a The Esplanade, Hervey Bay

Phone: (07) 4128 1793

Bayaroma Café

Situated on the Esplanade in Torquay, Bayaroma Café stocks heaps of homemade biscuits, cakes and tempting sweets to match the coffee.

Address: 428 The Esplanade, Hervey Bay

Phone: (07) 4125 1515

BARS & NIGHTLIFE



There are plenty of bars to visit on the Fraser Coast if you want to cap off the day with a night on the town. Below are a few recommended bars you can start the night with.

The Fraser Coast does not swim in nightclubs but the warm weather turns the outdoor cafés and pubs into late night





drinking and dancing spots. In Hervey Bay you can find these along the long Esplanade and on the parallel-running Boat Habour Drive.

Hoolihan's

This Irish pub is always good for a wide range of beers and for screened sports events.

Address: 382 The Esplanade, Hervey Bay

Phone: (07) 4194 0099

Beach House Hotel

At night, this is one of the best places for an evening drink. DJs on Wednesday to Saturday nights.

Address: 344 The Esplanade, Hervey Bay

Phone: (07) 4128 1233

Blazing Saddles

This place makes you feel like you stepped into a western movie – it also has a good bar and some delicious food. Live entertainment from Wednesday to Sunday.

Address: 140 Freshwater St, Torguay, Hervey Bay

Phone: (07) 4125 5466

The Bay Central Tavern

The Bay Central Tavern is a laid back rustic kind of pub with live music on Friday and Saturday nights.

Address: 115 Boat Habour Dr, Pialba, Hervey Bay

Phone: (07) 4124 4111

Goody's on the Beach

This seafood restaurant also has a great bar.

Address: 54 Moreton Dr, Toogoom

Phone: (07) 4128 0248

Seven 7

This Hervey Bay nightclub is a favourite with the locals. There's good music and a great atmosphere.

Address: 19 Carlo St. Pialba, Hervey Bay

Internet: www.7nightclub.com

Phantomz by Nite

Gympie's favourite club is a great place to dance the night away.

Address: Nash St, Gympie Phone: (07) 5483 7434

Morocco's Nightclub

This nightclub at the Koala Beach Resort is a great way to continue the evening with the latest tunes and lots of dancing.

Address: 408 The Esplanade, Torquay, Hervey Bay

Internet: www.koalaadventures.com

Krystals

This might not be the latest trend in clubs, but it sure is fun for a night of party.

Address: 58 Princess St, Bundaberg

Phone: (07) 4152 6388

SHOPPING



Torquay Road in Pialba hosts the bulk of Hervey Bay's major shops, plus banks and a post office. Pialba Place Shopping Centre houses numerous speciality shops.

Both sides of Boat Habour Drive are lined with stores and shops. There is also the Bay Central Shopping Centre containing a Franklin supermarket, Target as well as several smaller speciality shops.

The Esplanade is also lined with shops in between all the cafés, restaurants and accommodations.

There are markets en masse in the Fraser Coast region. The most famous is the Maryborough Heritage Market that takes place every Thursday between



8.00am-2.00pm, sending the charming little town back in time.

The Koala Market is held on every second, fourth and fifth Sunday at Kruger Court, Urangan in Hervey Bay between 6.00am-12.00am, with stalls selling arts and crafts, trash and treasures, and cakes and jams.

The same can be found at the Tin Bay Market held every third Saturday.

The Aboriginal Scrub Hill Community Farm located 1.5 miles outside of Hervey Bay sells organic vegetables, tea tree oil and native art work.

SLEEPING



EXCLUSIVE Kingfisher Bay Resort

This award winning eco-resort in the pristine wilderness is a great base for exploring the Fraser Island.

Address: North White Cliffs, Fraser Island

Phone: (07) 4120 3333 Internet: www.kingfisherbay.com

Eurong Beach Resort

Located close to many of Fraser Island's unique sights and tame animals.

Address: East Coast, Fraser Island

Phone: (07) 4127 9122 Internet: www.eurong.com

GOOD VALUE Emeraldene Inn & Eco-lodge

This accommodation is set on two acres of natural bushland where you can enjoy the serenity of the surrounding wildlife. Address: 166 Urraween Rd, Hervey Bay

Phone: (07) 4124 5500

Internet: www.emeraldene.com.au

Bay View Motel

Located opposite the Torquay Beach, the Bay View Motel is central to shops, banks and entertainment.

Address: 399 The Esplanade, Torquay, Hervey Bay

Phone: (07) 4128 1134

Internet: www.bayviewmotel.com.au

BASIC Beaches

This is one lively party hostel with its own bar and friendly staff that specialises in organising trips.

Address: 95 Torquay Terrace, Hervey Bay

Phone: (07) 4124 1322 Internet: www.beaches.com.au

Mango Tourist Hotel

This lovely and very charming hostel in an old Queenslander house is sure to give you a pleasant stay in Hervey Bay.

Address: 110 Torquay Rd, Hervey Bay

Phone: (07) 4124 2832 Internet: www.mangohostel.com

ESSENTIAL INFORMATION



Airport

The nearest airport, Fraser Coast Airport/Hervey Bay Airport, is located 2 kilometres on Booral Rd south of Urungan.

A taxi ride from there to Hervey Bay will take you back \$10-15 while a ride with the local airport shuttle will cost from \$6 depending on your destination.





Phone: (07) 4125 0222. (07) 4194 0953. Internet: airportshuttleherveybay.com.au

Public transport

Hervey Bay has good local bus service that circulates town from the main bus station at the Bay Central shopping centre on Boat Habour Drive. Busses also go to the surrounding towns. It is worth checking though, whether your accommodation has a pick-up service, which many have. Or if you fancy an emission-free way of transport, you can rent a bicycle from Bay Bicycle Hire, which has free delivery and pick-up.

Phone: (07) 4125 7134

Internet: www.widebaytransit.com.au

Taxi

Hervey Bay Taxi Service can be reached on phone no. 13 10 08.

Post

Torquay Post Office is located at 414 The Esplanade in Torquay, Hervey Bay. Please phone (07) 4125 1101 for more information.

Pharmacy

Torquay Pharmacy is located at 418 The Esplanade, Torquay by Hervey Bay. Please call (07) 4125 2733 for advice and more information.

Dentist

Fraser Coast Dental Laboratory is located at 51 Maree St, Hervey Bay. Phone: Tel: (07) 4124 8937.

Telephone

Country code: +61

Area code: 07

Electricity

240 Volts / 50 Hz

